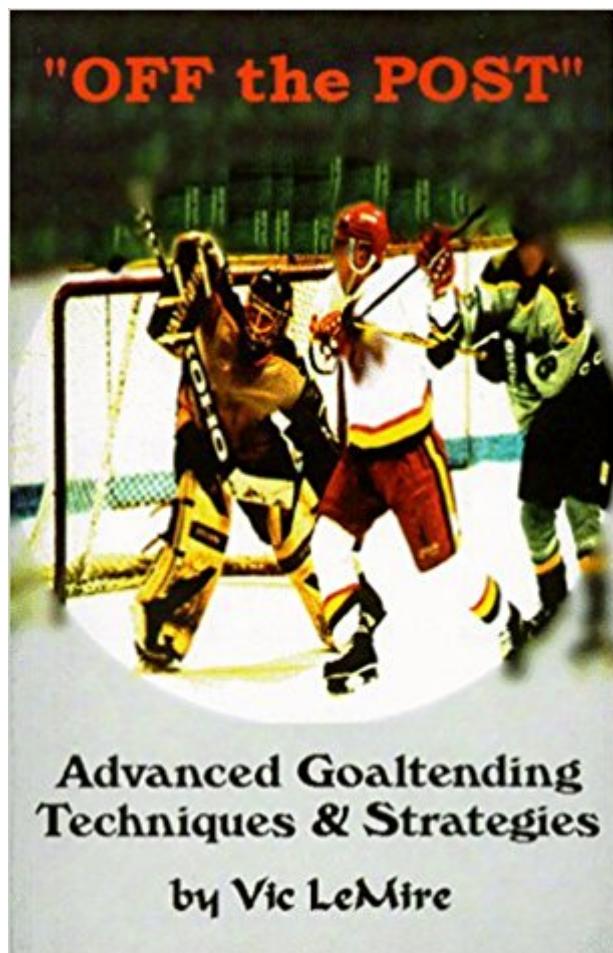


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# Off The Post : The Goaltending Instructional Book For The Advanced Goaltenders!



## **Synopsis**

Book by Lemire, Vic

## **Book Information**

Paperback: 136 pages

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## **Customer Reviews**

Goaltending Strategies for the Advanced Goalies Pro Goalies - NHL, College, Juniors, High School.

Vic LeMire - Vic's Students include 1,000's of Goalies all over the world including NHLer's like Olie Kolzig (Washington Capitals), Mark Fitzpatrick (Chicago Black Hawks), Wade Flaherty (NY Islanders) as well as many, many Goalies in US College Hockey on scholarships. Vic played Goal for Denver University, Ohio University, University of British Columbia as well as the Brandon Wheat Kings - JR "A". This is Vic's 25th anniversary in coaching Goalies at Vic's Hockey Schools throughout the world!

Like his book "Goaltenders Are Not Targets", Vic LeMire hits the target with his audience on this one. Being a member of the most exclusive union in the world can be a real challenge sometimes and it's impossible to learn everything you need to be the best on the ice by just playing and figuring it out by yourself. It's nice to know that proven instructors such as Mr. LeMire are now sharing some of their goaltending knowledge and strategies and I have become a better goaltender having read both of his books. Try it. It works!

I have been searching for a good book to learn how to play in net for some time now. I have seen

many different books by many different authors, and this book, Off the Post, is easily the best yet. Vic LeMire has incorporated many excelluntÃ© instructional diagrams and photos to clearly explain the exercises involved in becoming a great goalie. Good work Vic, I look forward to your next book.

This book has some good tips however there are some misspellings and really needs some pics. Would be better off with a publication such as From the Crease. It really needs to be updated and improved.

I loved this book. It helped me win 3 state championships.

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